

Teeth: Before & After



BEFORE



AFTER

Dan, a patient in his 20s. Dr. Asmar fixed the chipped tooth and removed the space between Dan's teeth.



BEFORE



Matt, a patient in his 40s. (Read about Matt's experience below.) Dr. Asmar removed the stains and adjusted the shapes to give Matt a wonderful smile.

If you're walking around with a mouth full of stained or broken teeth, Dr. Marc Asmar, of *Advantage Dental Arts*, has a revolutionary procedure that can transform your smile—in just one day.

by **Patricia Nugent**
Contributing Writer

Guys, if you could spend 20 years without exercising, then go to the gym for one day and lose 20 pounds, would you do it?

Who wouldn't?

Dr. Marc Asmar, owner of *Advantage Dental Arts*, in Olmsted Township, is offering you the same challenge, only applied to your teeth.



Dr. Marc Asmar, of *Advantage Dental Arts*, has been transforming smiles from his cozy Olmsted Township office for the past 17 years. Visit his Smile Gallery at www.OlmstedDentist.com.

"Through a host of new procedures, I can take teeth that have been neglected or abused for years and painlessly make them over in a day," says Dr. Asmar. Not surprisingly, the amount of male patients he's seen over the past five years has grown from 5% to 30%.

"It seems with today's economy and shrinking workplace, men of all ages are realizing how important it is to look their youngest," he says. "And perfecting your smile is the fastest way

to do that. Putting your best face forward has nothing to do with vanity nowadays."

Meet Matt. After spending years not taking the best care of his teeth, he thought

he'd give Dr. Asmar a try. This approachable 40-something man was a perfect candidate for the doctor's dramatic Same Day Smile program. Unique to this area, none of the patient's existing tooth structure was removed, there was no pain, no sensitivity, no anesthesia and an affordable price tag. (His before and after shots accompany this story.)

Dr. Asmar bonded composite resin over the surface of his teeth, aligning them and whitening them. A nice benefit of this program is now that the teeth are chemically sealed they are further protected from decay in the future.

According to Matt, "The process was easy and painless and everyone noticed a big difference, especially my mom. Let's just say I'm smiling a lot more lately."

For a peek at some of his other real life success stories, visit www.olmsteddentist.com and tour "The Smile Gallery" and "Case of the Month."

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The first and easiest step men can take toward improving their smiles is to whiten dull, stained teeth. Dr. Asmar has two whitening procedures: an instant in-office

Boost laser treatment, and a take-home treatment for which the patient is custom-fitted with a molded tray that is filled with whitening gel and worn for an hour per day. The at-home process whitens in as little as a week. And since the newer solutions have a lower concentration, patients are less sensitive to it.

"...none of the patient's existing tooth structure is removed, there is no pain and the price is affordable."

To actually move and improve teeth and bite, he recommends the Invisalign method of clear braces. Dr. Asmar creates a series of plastic aligners to redirect teeth. They can easily be removed for eating, brushing and flossing.

In addition to the newest technologies, Dr. Asmar and his outgoing staff of dental

technicians have created an office atmosphere that is private and homey.

A deep plum and gold color scheme and ultra comfy suede couches meet you when entering the office. The walls are plastered with 27 friendly photos of patients in Dr. Asmar's Smile Gallery.

"All I have to say to gentlemen out there whose wives, daughters or girlfriends have been nagging them to have their teeth fixed is this: Listen to them," says Dr. Asmar. "They are right. Like it or not, people are staring at your teeth every day. And if they are unattractive and unhealthy, that can be very distracting. Rejuvenating your smile can give you a new outlook on life."

Dr. Marc Asmar's *Advantage Dental Arts* has been located at 26924 Cook Road in Olmsted Township for the past 17 years. Office hours are by appointment and include evenings and weekends when needed. To schedule one, call 440-235-1180. For more information, visit www.OlmstedDentist.com. The office is welcoming new patients of all ages (and genders).



BEFORE



AFTER

Tom, a patient in his 50s. Tom's teeth were whitened and brightened by Dr. Asmar. A composite resin was used on the teeth's surfaces to reshape and enhance Tom's smile.